2018 Psyche Buddy Program

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| --- | --- |
| Name: | Age for season: |
| Gender: Male Female | Years on Team: |
| Email: | Phone: |

BIG Psyche Buddy

1. I am at 8 years old and have been on the team for at least 2 years or I am 9 years or older and have been on LNSRC at least 1 years.

2. I plan on swimming at most of the swim meets

3. I want to befriend, encourage and help out a younger Blue Dolphin.

LITTLE Buddy

1. I am new to the Blue Dolphins or age 7 or younger.

2. I plan on swimming in at least 1 swim meet.

3. Cost is $15, for each Little Buddy.

Responsibilities:

1. Follow all of the LNSRC Swim team and pool rules.

2. Always treat my psyche buddy with kindness and encouragement.

3. Make every attempt to attend the Psyche Buddy activities.

Important Dates:

BIG Psyche Buddy Meeting **Friday, June 1rd at 5:30-6:15.**

Will you be at the Meet Your buddy **Sunday, June 10 at 4:00-5:00?** Yes or No

Will you be at the first swim meet on **Tue., June 19th?** Yes or No

Please specify:

I want to be a **BIG Little**

I would like a **Girl Boy Do not care**

If you would like to request a buddy, please write here \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I am willing to have more than one Psyche Buddy. **YES NO**

Swimmer Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

If your child needs volunteer hours, we are happy to complete paperwork for this to qualify. It equates to about 10 hours.

**Please drop off completed forms in the Psyche Buddy Folder in the guard shack.**

**Questions - Leslie Nelson 703-399-0611 or leslieannenelson@gmail.com**